# Kaiser Permanente Santa Rosa 2023 Community Health Snapshot

Serving communities around our Santa Rosa medical facility.



## **Building healthier communities**

Improving health and equity in the communities we serve is foundational to Kaiser Permanente's mission. Our charitable contributions are guided by a comprehensive assessment that helps us to identify and address community health needs.

In 2023, Kaiser Permanente provided \$1.5 million to support local nonprofits and partners working to build healthier communities in our Santa Rosa service area.

## **Strengthening community** mental health

With a rise in demand for mental health services and an ongoing shortage of mental health professionals, we supported programs to expand the pool of qualified, diverse mental health professionals and increase access to community services for young people and vulnerable individuals.

For the past 5 years, Kaiser Permanente has supported Women's Recovery Services (WRS) which works to break the cycle of addiction for high-risk, low-income women, providing shelter while helping them learn life skills to become strong community contributors. In 2023, WRS provided trauma-informed services to 106 women (with 28 minor children) in its residential addiction treatment program.

#### Helping people meet basic needs

Nutritious food and stable housing are essential to health, but they're out of reach for many people in our community. We supported organizations that help those with low incomes access healthy food, enroll in benefit programs such as CalFresh, and find safe, affordable housing.

Since 2015, we have supported TLC Child and Family Services, which provides vulnerable, at-risk Sonoma County youth stability, shelter, education, guidance, and emotional support. Through its Transition Age Youth Housing Program, 10 unsheltered youth received the critical support needed to move into permanent supportive housing within a year.

#### Improving access to care

Millions of Californians with low incomes rely on Medi-Cal for critical medical, dental, and mental health services. We supported community partners in keeping eligible residents enrolled. Through grants, training, and technical assistance, we also helped safety-net hospitals and health centers to improve quality and expand access to care for people who need it most.

For more than 20 years, we have supported the Jewish Community Free Clinic, which provides free care to adults and children with low incomes who can't access affordable health care anywhere else. In 2023, the clinic provided more than 2,500 individuals and families with primary care, lab tests, medications and vaccines, women's health services, physicals, acupuncture, and mental health therapy.



### **Community health priorities**

As part of our commitment to improve health and health equity in our community, every 3 years we conduct a rigorous and collaborative community health needs assessment. For 2023, Kaiser Permanente identified the following significant health priorities in our Santa Rosa communities.



Mental and behavioral health



Housing and homelessness



**Access to care** 



**Education** 

## By the numbers









34

Medical residents trained in our Graduate Medical Education programs In employee and corporate donations to nonprofits through KPGives