

Kaiser Permanente Diablo 2023 Community Health Snapshot

Serving communities around our Walnut Creek and Antioch medical facilities.



Building healthier communities

Improving health and equity in the communities we serve is foundational to Kaiser Permanente's mission. Our charitable contributions are guided by a comprehensive assessment that helps us to identify and address community health needs.

In 2023, Kaiser Permanente provided \$2 million to support local nonprofits and partners working to build healthier communities in our Diablo service area.

Strengthening community mental health

With a rise in demand for mental health services and an ongoing shortage of mental health professionals, we supported programs to expand the pool of qualified, diverse mental health professionals and increase access to community services for young people and vulnerable individuals.

A 2-year Kaiser Permanente grant supported The Mindful Life Project to provide mental health resources to 3,500 elementary school students in the Antioch Unified School District. Integrating mindfulness and compassion, coaches equip both teachers and Transitional Kindergarten to 8th grade students with techniques to lower stress and anxiety while increasing focus, self-regulation, and concentration.

Improving access to care

Millions of Californians with low incomes rely on Medi-Cal for critical medical, dental, and mental health services. We supported community partners in keeping eligible residents enrolled. Through grants, training, and technical assistance, we also helped safety-net hospitals and health centers to improve quality and expand access to care for people who need it most.

The Center for Human Development (CHD) Bridges to Better Health program improved health care access for 1,900 people with low incomes across East and Central Contra Costa County, particularly non-English speaking immigrants. CHD staff helped screen and enroll families into subsidized health insurance programs like Medi-Cal and Covered California, alongside other essential social service programs.

Supporting economic opportunities

Reliable jobs and stable incomes are foundational to good health, helping people afford essentials such as nutritious food and safe housing. That's why we supported organizations that work with underserved populations and communities of color to promote college and career readiness, quality jobs, and diverse small business growth.

With support from a 2-year Kaiser Permanente grant, Opportunity Junction provided certified nursing assistant and administrative career training and job placement services to 230 Contra Costa County residents who have had trouble finding jobs. The program also provides comprehensive support to participants, including hot meals, groceries, and mental health resources.

Community health priorities

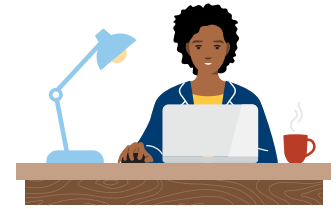
As part of our commitment to improve health and health equity in our community, every 3 years we conduct a rigorous and collaborative community health needs assessment. For 2023, Kaiser Permanente identified the following significant health priorities in our Diablo communities.



Mental and behavioral health



Access to care



Income and employment

By the numbers

